



The sport works wonders for the Turquino-Bamburanao Plan, which covers several mountain areas in the Avilanian municipality of Chambas. Very hard work in these places, especially in the field, hence the practice of physical exercises, independent of those performed at the site, is a necessity to get out of the routine and give the body what is required. A team of five Recreation teachers, and the same number of teachers dedicated to the teaching of Physical Education, work in the region to give dynamism to the majority of the population segments that reside there; However, that template is not enough. This criterion is supported by Idalberto Herrera Pérez, responsible for the sports of the aforementioned project in Chambas: "This group has declined because some teachers have gone to other sectors, a fact that makes it difficult for the more than 6,000 inhabitants of the 23 settlements that we have". However, they give priority to the seven schools and the dozens of clinics in the area, and have a significant result: the selection of the Voluntary Sports Council of the Mabuya School as the best of the aforementioned plan. Right next to that area, the Nelson Daniel González López schoolboy was captured, who competes in athletics for people with disabilities and is among the prospects that the country is developing today. Among those most attached to the promotion of sport is Yuniesky Pereira Romero, a 36-year-old man, who alternates peasant tasks with those of a teacher in his homeland, the town of La Nenita. "My job is to provide services related to physical exercises at Tomás Palmero Vizcaíno School; In addition, I maintain links with the family doctor's office, a circle of grandparents, plus a health group formed by patients of different pathologies. "

With 10 years of experience, the teacher contributed to the satisfactory evaluation given to the Turquino-Bamburanao Plan during the last inspection to evaluate the work related to the recreation and practice of physical exercises. "Among the activities I do is the promotion of the sports that I like most in the community, that is, baseball and soccer, plus recreational activities.

The latter are mainly developed on Saturdays and consist of several games, with greater force for dominoes. "Other possibilities we give are public toy libraries in the social circle, in addition to attending physical training in a rustic outdoor gym," said Pereira. Although there is still a lot to be done for professionals such as Idalberto and Yuniesky, 2019 will bring them, together with their peers, the recruitment of colleagues so that the tasks increase their systematicity, and thus contribute, with quality of life, to the sport throbbing in those distant communities.